

Is this Sexual Consent?

‘Does that feel good?’

Asking how they feel.

‘That hurts.’

If someone says they are hurting, stop and check they are ok. What needs to change?

Not saying anything

They could be giving consent but you don't know, pause and check they are ok and want to stop or carry on.

Assuming the same as last time

Consent is for what is happening in the moment, not based on what has happened in the past.

‘What do you want?’

Asking someone what they want or like - for their agreement and valuing their opinions.

‘Yes, More’

Positive verbal consent to keep going.

Someone kissing you back

Physical sign that they are giving their consent for kissing.

‘Stop.’

‘No.’

Clear verbal lack of consent/ agreement to what is happening.

Someone trying to move away

Physical sign that someone isn't giving their consent/ agreement.

‘Can I touch you?’

Asking for someone's permission/ consent before touching them.

‘I like that’

Positive verbal consent for what is happening in the moment.

‘You like that don't you’

This language assumes you know what they like instead of asking them what they like.